

17KM - STAGE 1

17 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
87	577	João Carlos Grácio Sequeira	individual	Senior Masculino	02:33:03	+50:23	09:00
88	570	Daniela Coutinho	individual	Senior Feminino	02:33:04	+50:23	09:00
89	677	Paulo Carvalho	santiago project	Veterano M45	02:34:56	+52:16	09:07
90	647	Gisela Lopes	navr	Veterana F40	02:35:02	+52:22	09:07
91	689	Estefânia Pinto	individual	Senior Feminino	02:35:24	+52:44	09:08
92	606	Manuel Domingues	individual	Veterano M50	02:35:37	+52:56	09:09
93	626	Liliana Carvalho	linces do marão	Veterana F40	02:37:16	+54:36	09:15
94	645	João Paulo Lage	mirandela a correr parque vale do tua	Veterano M50	02:38:09	+55:29	09:18
95	538	MENA COSTA	chaves running team	Veterana F50	02:38:16	+55:36	09:19
96	595	Eduardo Sousa Cardoso	individual	Veterano M45	02:39:58	+57:17	09:25
97	513	Cadu Bravitos	bravos & bravitas run	Senior Masculino	02:40:59	+58:18	09:28
98	504	Alice Barbosa Pereira	a. d. amarante trail running	Veterana F40	02:41:17	+58:37	09:29
99	505	Marco Paulo Ribeiro Nunes	a. d. amarante trail running	Veterano M40	02:41:17	+58:37	09:29
100	669	Rosa Gama	ribeiras trail	Veterana F50	02:42:55	+01:00:15	09:35
101	605	Luís Filipe P. Rodrigues	individual	Veterano M50	02:42:57	+01:00:17	09:35
102	5	Nuno Filipe e Silva Couto	a correr desde 1976	Veterano M45	02:44:48	+01:02:07	09:42
103	530	Valéria Coutinho Pinheiro	caça raposas	Veterana F40	02:45:22	+01:02:41	09:44
104	594	CARLOS OLIVEIRA	individual	Veterano M45	02:45:23	+01:02:43	09:44
105	612	Guilherme Fontinha	individual	Veterano M55	02:47:50	+01:05:10	09:52
106	532	FERNANDA TAVARES	chaves running team	Senior Feminino	02:48:04	+01:05:23	09:53
107	534	PAULO TAVARES	chaves running team	Senior Masculino	02:48:04	+01:05:23	09:53
108	510	joana reis	ama associação mondim atletismo	Veterana F40	02:48:10	+01:05:30	09:54
109	604	João Teixeira	individual	Veterano M50	02:50:45	+01:08:04	10:03
110	684	Rita Morais	tog- trinca orelhas de gato	Senior Feminino	02:50:53	+01:08:13	10:03
111	589	Ângelo Paiva	individual	Veterano M40	02:51:20	+01:08:40	10:05
112	99	Silvia Almeida	mirandela a correr parque vale do tua	Senior Feminino	02:52:36	+01:09:56	10:09
113	545	Hugo Pinto	dourobtt ccpad	Veterano M40	02:53:17	+01:10:37	10:12
114	628	JOAO CARVALHO	lobos desnorreados	Senior Masculino	02:53:19	+01:10:39	10:12
115	554	Ana Neto	fc vizela	Veterana F40	02:53:52	+01:11:12	10:14
116	555	Paulo Freitas	fc vizela	Veterano M45	02:54:05	+01:11:25	10:14
117	6	Ricardo Jorge Pereira e Silva Dias Sarmento	a correr desde 1976	Veterano M45	02:54:21	+01:11:41	10:15
118	536	Paula Morais	chaves running team	Veterana F45	02:54:39	+01:11:59	10:16
119	32	DOMINGOS DOMINGUES	chaves running team	Veterano M55	02:54:47	+01:12:07	10:17
120	531	Rui Manuel Pinto dos Reis da Quinta	caça raposas	Veterano M60	02:55:04	+01:12:24	10:18
121	618	Jorge Dik	individual	Veterano M60	02:56:07	+01:13:27	10:22
122	666	Hélder Filipe Mota Sousa	r & w - alter runners associação	Senior Masculino	02:57:23	+01:14:43	10:26
123	509	nuno martins	ama associação mondim atletismo	Senior Masculino	02:57:52	+01:15:12	10:28
124	598	Nuno Cabral	individual	Veterano M45	03:01:37	+01:18:56	10:41
125	544	Branca Leitão	dourobtt ccpad	Veterana F50	03:03:59	+01:21:19	10:49
126	526	Ricardo Ferreira	bravos & bravitas run	Veterano M45	03:04:28	+01:21:48	10:51
127	506	Albano Coelho	a. d. amarante trail running	Veterano M45	03:05:26	+01:22:46	10:55
128	518	Anabela Ribeiro	bravos & bravitas run	Veterana F45	03:05:35	+01:22:54	10:55
129	522	Pedro Custodio	bravos & bravitas run	Veterano M40	03:05:37	+01:22:57	10:55
130	676	Machadinho 77	santiago project	Veterano M45	03:10:35	+01:27:55	11:13
131	651	Fernando Almeida	navr	Veterano M50	03:11:05	+01:28:25	11:14

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LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION
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	Time	Temperature	Humidity
Start	09:45	14,6°C	76%
End	14:26	14,6°C	76%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
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Junior Masculino

1	566	Bruno de Araújo Nogueira	Individual	Junior Masculino	01:50:44	+08:04	06:31
2	697	Ricardo Daniel Almeida	Boavista Trail	Junior Masculino	01:58:59	+16:19	07:00
3	567	Hugo Lopes Fernandes	Individual	Junior Masculino	02:16:10	+33:30	08:01

Senior Feminino

1	547	Flávia Seixedo Batista	DURIUS PESQUEIRA	Senior Feminino	02:10:58	+28:18	07:42
2	546	Diana Seixedo Batista	DURIUS PESQUEIRA	Senior Feminino	02:15:17	+32:37	07:58
3	696	Ana Patricia Brás Lopes	Mirandela a Correr Parque Vale do Tua	Senior Feminino	02:26:15	+43:35	08:36
4	570	Daniela Coutinho	Individual	Senior Feminino	02:33:04	+50:23	09:00
5	689	Estefânia Pinto	Individual	Senior Feminino	02:35:24	+52:44	09:08
6	532	FERNANDA TAVARES	Chaves Running Team	Senior Feminino	02:48:04	+01:05:23	09:53
7	684	Rita Moraes	TOG- Trinca Orelhas de Gato	Senior Feminino	02:50:53	+01:08:13	10:03
8	99	Silvia Almeida	Mirandela a Correr Parque Vale do Tua	Senior Feminino	02:52:36	+01:09:56	10:09
9	665	Maria do céu Carvalho Alves	R & W - Alter Runners Associação	Senior Feminino	03:14:26	+01:31:46	11:26
10	571	Liliana Teixeira	Individual	Senior Feminino	03:24:00	+01:41:20	12:00
11	621	Marta Silva	JD STUDIO FITNESS	Senior Feminino	03:36:00	+01:53:20	12:42
12	569	Cristina Alves	Individual	Senior Feminino	04:16:38	+02:33:58	15:06

Senior Masculino

1	533	Andre Martins	Chaves Running Team	Senior Masculino	01:43:54	+01:14	06:07
2	508	Fábio Nunes	AD MARCO 09	Senior Masculino	01:44:17	+01:37	06:08
3	629	Ricardo Nunes	Furfor Running Project	Senior Masculino	01:44:17	+01:37	06:08
4	579	Manuel Dias	Individual	Senior Masculino	01:44:33	+01:53	06:09
5	575	Gonçalo Silva	Individual	Senior Masculino	01:50:47	+08:07	06:31
6	625	Norberto Loureiro	Linces do Marão	Senior Masculino	01:50:56	+08:16	06:32
7	662	RAFAEL TEIXEIRA	Promessas do Atletismo	Senior Masculino	01:55:00	+12:20	06:46
8	574	Gil Rodrigues Magalhães	Individual	Senior Masculino	01:57:21	+14:41	06:54
9	573	Gabriel Pereira Alves	Individual	Senior Masculino	01:57:38	+14:58	06:55
10	624	João Sousa	Linces do Marão	Senior Masculino	01:59:28	+16:48	07:02
11	515	Rui Teixeira	Bravos & Bravitas Run	Senior Masculino	01:59:40	+17:00	07:02
12	623	Gabriel Faceira	Linces do Marão	Senior Masculino	02:00:14	+17:34	07:04
13	660	Nelson Fernandes	Promessas do Atletismo	Senior Masculino	02:05:32	+22:51	07:23
14	633	Hugo Costa	Lobos do Brunheiro de Chaves / Anteros	Senior Masculino	02:05:49	+23:09	07:24
15	655	Rui Cigre	Os Salta a corrente	Senior Masculino	02:07:09	+24:29	07:29

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16	559	FÁBIO PIRES	Ginásio Clube de Bragança	Senior Masculino	02:08:35	+25:55	07:34
17	635	Samuel Oliveira	Lobos do Brunheiro de Chaves / Anteros	Senior Masculino	02:09:28	+26:48	07:37
18	557	Carlos Ferreira	Geadas Running	Senior Masculino	02:11:02	+28:22	07:42
19	576	Hugo Pinto	Individual	Senior Masculino	02:17:49	+35:09	08:06
20	548	Helder Ramos	DURIUS PESQUEIRA	Senior Masculino	02:20:50	+38:10	08:17
21	549	Tiago André Vieira Cecilio	DURIUS PESQUEIRA	Senior Masculino	02:20:50	+38:10	08:17
22	581	Vitor Ferreira	CTM Vila Pouca de Aguiar	Senior Masculino	02:25:00	+42:20	08:32
23	632	Diogo Santos	Lobos do Brunheiro de Chaves / Anteros	Senior Masculino	02:25:04	+42:24	08:32
24	542	Cristiano Nogueira	Clube de Trail do Alvão	Senior Masculino	02:30:34	+47:53	08:51
25	514	João Santos	Bravos & Bravitas Run	Senior Masculino	02:31:13	+48:32	08:54
26	661	Rafael Fernandes	Promessas do Atletismo	Senior Masculino	02:32:28	+49:48	08:58
27	577	João Carlos Grácio Sequeira	Individual	Senior Masculino	02:33:03	+50:23	09:00
28	513	Cadu Bravitos	Bravos & Bravitas Run	Senior Masculino	02:40:59	+58:18	09:28
29	534	PAULO TAVARES	Chaves Running Team	Senior Masculino	02:48:04	+01:05:23	09:53
30	628	JOAO CARVALHO	LOBOS DESNORTEADOS	Senior Masculino	02:53:19	+01:10:39	10:12
31	666	Hélder Filipe Mota Sousa	R & W - Alter Runners Associação	Senior Masculino	02:57:23	+01:14:43	10:26
32	509	nuno martins	AMA Associação Mondim Atletismo	Senior Masculino	02:57:52	+01:15:12	10:28
33	516	Vitor Mota	Bravos & Bravitas Run	Senior Masculino	03:15:54	+01:33:13	11:31
34	578	José Carlos Almeida	Individual	Senior Masculino	03:24:48	+01:42:08	12:03
35	667	Nelson Martins	R & W - Alter Runners Associação	Senior Masculino	03:25:42	+01:43:01	12:06
36	572	Bruno machado	Individual	Senior Masculino	04:41:12	+02:58:32	16:32

Veterana F40

1	560	ROSÁRIA SEBASTIÃO	Ginásio Clube de Bragança	Veterana F40	02:12:43	+30:03	07:48
2	582	Catarina Costa	Individual	Veterana F40	02:32:56	+50:15	09:00
3	647	Gisela Lopes	NAVR	Veterana F40	02:35:02	+52:22	09:07
4	626	Liliana Carvalho	Linces do Marão	Veterana F40	02:37:16	+54:36	09:15
5	504	Alice Barbosa Pereira	A. D. Amarante Trail Running	Veterana F40	02:41:17	+58:37	09:29
6	530	Valéria Coutinho Pinheiro	Caça raposas	Veterana F40	02:45:22	+01:02:41	09:44
7	510	joana reis	AMA Associação Mondim Atletismo	Veterana F40	02:48:10	+01:05:30	09:54
8	554	Ana Neto	Fc Vizela	Veterana F40	02:53:52	+01:11:12	10:14
9	501	Sanra Cristina e Silva Couto	A Correr Desde 1976	Veterana F40	03:13:47	+01:31:07	11:24

Veterana F45

1	641	Ana Cristina Guedes Cunha Moreira	Mirandela a Correr Parque Vale do Tua	Veterana F45	02:17:18	+34:38	08:05
2	536	Paula Morais	Chaves Running Team	Veterana F45	02:54:39	+01:11:59	10:16
3	518	Anabela Ribeiro	Bravos & Bravitas Run	Veterana F45	03:05:35	+01:22:54	10:55
4	502	Anabela Silva	A Correr desde 1976	Veterana F45	03:13:47	+01:31:07	11:24
5	586	Sandra Maria Perdigão Gomes	Individual	Veterana F45	03:13:48	+01:31:08	11:24
6	520	Virgínia Bravitas	Bravos & Bravitas Run	Veterana F45	03:20:13	+01:37:33	11:47

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Veterano M50

1	603	Fernando Moreira	Individual	Veterano M50	01:54:17	+11:36	06:43
2	528	Paulo Bandalho	Bravos & Bravitas Run	Veterano M50	01:58:28	+15:48	06:58
3	600	António Dinis	Individual	Veterano M50	02:16:41	+34:01	08:02
4	601	António rego carvalho	Individual	Veterano M50	02:21:53	+39:13	08:21
5	602	César Nunes	Individual	Veterano M50	02:28:33	+45:53	08:44
6	606	Manuel Domingues	Individual	Veterano M50	02:35:37	+52:56	09:09
7	645	João Paulo Lage	Mirandela a Correr Parque Vale do Tua	Veterano M50	02:38:09	+55:29	09:18
8	605	Luís Filipe P. Rodrigues	Individual	Veterano M50	02:42:57	+01:00:17	09:35
9	604	João Teixeira	Individual	Veterano M50	02:50:45	+01:08:04	10:03
10	651	Fernando Almeida	NAVR	Veterano M50	03:11:05	+01:28:25	11:14
11	658	José Vieira	PowerFit	Veterano M50	03:11:09	+01:28:29	11:15
12	681	Carlos Rua Ferreira	Tá-se bem	Veterano M50	03:20:17	+01:37:37	11:47
13	607	Manuel Silva	Individual	Veterano M50	03:36:16	+01:53:36	12:43

Veterano M55

1	622	Armindo Araújo	Liberdade Futebol Clube	Veterano M55	01:47:05	+04:25	06:18
2	694	José Oliveira	AMA Associação Mondim Atletismo	Veterano M55	01:51:06	+08:26	06:32
3	556	Fernando Vilela	FT - FULL TRAIL	Veterano M55	01:52:41	+10:01	06:38
4	615	Paulo Martins	Individual	Veterano M55	01:53:07	+10:27	06:39
5	652	Rui Borges	NAVR	Veterano M55	02:00:00	+17:20	07:04
6	610	Carlos Alves	Individual	Veterano M55	02:07:27	+24:46	07:30
7	613	João Aprígio Abreu Faria	Individual	Veterano M55	02:09:15	+26:34	07:36
8	614	Paulo Dias	Individual	Veterano M55	02:20:26	+37:46	08:16
9	612	Guilherme Fontinha	Individual	Veterano M55	02:47:50	+01:05:10	09:52
10	32	DOMINGOS DOMINGUES	Chaves Running Team	Veterano M55	02:54:47	+01:12:07	10:17
11	682	Fernando Martins	Tá-se bem	Veterano M55	03:20:17	+01:37:37	11:47
12	646	Francico Gonçalves	Mirandela a Correr Parque Vale do Tua	Veterano M55	04:10:23	+02:27:43	14:44

Veterano M60

1	616	Fernando Sousa	Individual	Veterano M60	02:14:56	+32:16	07:56
2	620	Manuel Neves	Individual	Veterano M60	02:18:14	+35:34	08:08
3	531	Rui Manuel Pinto dos Reis da Quinta	Caça raposas	Veterano M60	02:55:04	+01:12:24	10:18
4	618	Jorge Dik	Individual	Veterano M60	02:56:07	+01:13:27	10:22
5	511	Manuel Machado	AMA Associação Mondim Atletismo	Veterano M60	03:13:16	+01:30:36	11:22
6	619	José Alberto Loureiro Pereira Pinto	Individual	Veterano M60	04:16:38	+02:33:58	15:06
7	617	Joaquim Pinto Matos	Individual	Veterano M60	04:41:12	+02:58:32	16:33

