

TRAIL CURTO - STAGE 1**17 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	09:45	12.7°C	60%
End	14:27	12.7°C	60%

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
1	517	Henrique Velon	AMA-Mondim Atletismo	01:32:05		05:25	
2	653	Jorge Costa	Linces do Marão	01:35:53	+03:48	05:38	
3	541	Bruno Silva	Bravos e Bravitas	01:38:34	+06:29	05:48	
4	572	Licínio Nascimento	Durius AC Pesqueira	01:39:00	+06:55	05:49	
5	520	Gonçalo Torres	AMA-Mondim Atletismo	01:39:33	+07:28	05:51	
6	586	Daniel Cruz	Individual	01:40:28	+08:23	05:55	
7	531	Hugo Ferreira	Bravos e Bravitas	01:42:26	+10:21	06:02	
8	573	Rogério Guterres Proença	Durius AC Pesqueira	01:44:27	+12:22	06:09	
9	563	António Campos	CTM VILA POUCA DE AGUIAR	01:45:53	+13:48	06:14	
10	552	Carlos Carvalho	Caminheiros Paços	01:45:53	+13:48	06:14	
11	532	Rui Teixeira	Bravos e Bravitas	01:50:34	+18:29	06:30	
12	527	Nuno Ricardo Monteiro	Bombeiros Voluntários Salvação Pública de Chaves	01:50:41	+18:36	06:31	
13	562	Fernando Vilela	Clube Millennium BCP	01:52:14	+20:09	06:36	
14	649	João Silva	Linces do Marão	01:52:24	+20:19	06:37	
15	566	Manuel souza	DAMIRA TRAIL TEAM	01:52:41	+20:36	06:38	
16	524	José Oliveira	AMA-Mondim Atletismo	01:52:52	+20:47	06:38	
17	553	Luís Fonseca	Caminheiros Paços	01:54:23	+22:18	06:44	
18	578	MISTER PR	Espigueiros runners-caparrosinha	01:56:18	+24:13	06:50	
19	666	Ana Patrícia Brás Lopes	Mirandela a Correr Parque Vale do Tua	01:56:44	+24:39	06:52	
20	588	Gonçalo Silva	Individual	01:57:30	+25:25	06:55	
21	565	Jorge Moreira	DAMIRA TRAIL TEAM	01:57:42	+25:37	06:55	
22	678	Nelson Silva	Núcleo de atletismo de Vila Real	02:01:07	+29:02	07:07	
23	543	João Santos	Bravos e Bravitas	02:01:48	+29:43	07:10	
24	635	Fernando Seabra 20	Individual	02:01:55	+29:50	07:10	
25	613	Leonel Freitas	Individual	02:02:01	+29:56	07:11	
26	670	MARCO PAULO RAMOS DOS SANTOS	Mirandela a Correr Parque Vale do Tua	02:02:42	+30:37	07:13	
27	661	Hugo Fernandes	Lobos do Brunheiro de Chaves / Anteros	02:02:50	+30:45	07:14	
28	502	Nuno Lima Leite	#péligeiro	02:02:55	+30:50	07:14	
29	530	Fábio Pereira	Bravos e Bravitas	02:03:25	+31:20	07:16	
30	650	Tiago Pimenta	Linces do Marão	02:03:26	+31:21	07:16	
31	679	José Pereira	Núcleo de atletismo de Vila Real	02:03:36	+31:31	07:16	
32	516	Eduardo Meireles	AMA-Mondim Atletismo	02:05:19	+33:14	07:22	
33	559	Artur Costa	Clube Atlético de Macedo de Cavaleiros	02:06:03	+33:58	07:25	
34	557	NORBERTO COSTA	CHAVES RUNNING TEAM	02:06:08	+34:03	07:25	
35	660	Isma Toro	Lobos do Brunheiro de Chaves / Anteros	02:06:08	+34:03	07:25	
36	658	Merche Diz	Lobos do Brunheiro de Chaves / Anteros	02:06:08	+34:03	07:25	
37	622	marco duarte	Individual	02:06:35	+34:30	07:27	
38	676	Bruno Peixoto	Núcleo de atletismo de Vila Real	02:07:30	+35:25	07:30	
39	522	Jorge Alves	AMA-Mondim Atletismo	02:07:36	+35:31	07:30	
40	638	João Dias	JD studio fitness	02:07:47	+35:42	07:31	
41	595	José Teixeira	Individual	02:07:49	+35:44	07:31	

TRAIL CURTO - STAGE 1

17 KM

OFFICIAL RESULT

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
88	548	João Gomes	Bravos e Bravitas	02:28:14	+56:09	08:43	
89	526	Armindo Torres Lopes	ARC Vale S. Cosme	02:28:42	+56:37	08:45	
90	619	Gilberto correira	Individual	02:29:21	+57:16	08:47	
91	501	José Rui Bastos	#péligeiro	02:29:23	+57:18	08:47	
92	598	Florbela Alves	Individual	02:30:45	+58:40	08:52	
93	620	Luís Miguel Ribeiro	Individual	02:31:53	+59:48	08:56	
94	523	Paulo Rocha	AMA-Mondim Atletismo	02:32:10	+01:00:05	08:57	
95	534	Vera Leite	Bravos e Bravitas	02:32:34	+01:00:29	08:58	
96	634	Alfredo Santos	Individual	02:32:39	+01:00:34	08:59	
97	665	Rómulo Fernandes	LUSIMED	02:33:11	+01:01:06	09:01	
98	700	Pinto Jose	Individual	02:37:04	+01:04:59	09:14	
99	701	António Pinto	Individual	02:37:04	+01:04:59	09:14	
100	555	Paula Adagoi	CHAVES RUNNING TEAM	02:37:25	+01:05:20	09:16	
101	606	Sandra Chaves	Individual	02:37:25	+01:05:20	09:16	
102	642	Pedro Gonçalves	JD studio fitness	02:38:33	+01:06:28	09:20	
103	637	Carlos Ferreira	JD studio fitness	02:38:34	+01:06:29	09:20	
104	582	Marta Silva	Individual	02:38:34	+01:06:29	09:20	
105	591	Luís Miguel de Aquino Moreira	Individual	02:39:08	+01:07:03	09:22	
106	574	Fausto José Pereira Neves	Durius AC Pesqueira	02:39:14	+01:07:09	09:22	
107	518	Claudia Coelho	AMA-Mondim Atletismo	02:39:43	+01:07:38	09:24	
108	630	Vitor Pinto	Individual	02:40:33	+01:08:28	09:27	
109	626	Eduardo Cardoso	Individual	02:40:33	+01:08:28	09:27	
110	584	Alexandre Monteiro Alves	Individual	02:40:43	+01:08:38	09:27	
111	597	Arlete Maria Correia	Individual	02:41:28	+01:09:23	09:30	
112	674	Gilberto Moura	Nova Linha TRAIL Runners	02:41:32	+01:09:27	09:30	
113	554	Artur Morais	CARETOS.OCR	02:42:37	+01:10:32	09:34	
114	686	Vitor Branco	Souto Team	02:44:36	+01:12:31	09:41	
115	685	Pedro Branco	Souto Team	02:44:36	+01:12:31	09:41	
116	684	Pedro Branco	Souto Team	02:44:36	+01:12:31	09:41	
117	654	David Roxo	Lobos do Brunheiro de Chaves / Anteros	02:47:13	+01:15:08	09:50	
118	645	Filipe Rodrigues	JD studio fitness	02:47:15	+01:15:10	09:50	
119	663	Pedro Roxo	Lobos do Brunheiro de Chaves / Anteros	02:47:32	+01:15:27	09:51	
120	519	Joana Reis	AMA-Mondim Atletismo	02:47:41	+01:15:36	09:52	
121	577	Maria carriço	Espigueiros runners-caparrosinha	02:48:31	+01:16:26	09:55	
122	550	Joaquim Pinho	Bravos e Bravitas	02:48:31	+01:16:27	09:55	
123	615	Nuno Miguel Alves Pereira	Individual	02:49:43	+01:17:38	09:59	
124	667	Goreti Antonia Fernandes Videira Gonçalo	Mirandela a Correr Parque Vale do Tua	02:50:08	+01:18:03	10:00	
125	628	Luís Marcelo Gomes Monteiro	Individual	02:51:41	+01:19:36	10:06	
126	593	Pedro Santos	Individual	02:52:03	+01:19:58	10:07	
127	618	Carlos Ribeiro	Individual	02:53:43	+01:21:38	10:13	
128	695	Vitor Simão Pedroso	Individual	02:54:30	+01:22:25	10:16	
129	699	Hélder Silva	Bravos e Bravitas	02:58:25	+01:26:20	10:30	
130	608	Alcídio Fernando Coelho Correia	Individual	03:01:40	+01:29:35	10:41	
131	512	Nuno Couto	A 1a subida mata-me	03:04:40	+01:32:35	10:52	
132	513	Ricardo Sarmento	A 1a subida mata-me	03:04:41	+01:32:36	10:52	

TRAIL CURTO - STAGE 1

17 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
133	682	Helder Sousa	R&W Alter Runners	03:06:14	+01:34:09	10:57	
134	696	Sara Oliveira	Bravos e Bravitas	03:07:22	+01:35:17	11:01	
135	528	António Silva	Bravos e Bravitas	03:07:23	+01:35:18	11:01	
136	694	João Pinheiro	Valongo Trail Team	03:09:35	+01:37:30	11:09	
137	639	José Miguel Carvalho	JD studio fitness	03:12:20	+01:40:15	11:19	
138	624	Nuno SIP	Individual	03:12:22	+01:40:17	11:19	
139	599	Salomé Fernandes	Individual	03:12:22	+01:40:17	11:19	
140	617	Pedro Miguel Tavares e Silva	Individual	03:12:40	+01:40:35	11:20	
141	594	Ricardo Fonseca	Individual	03:12:46	+01:40:41	11:20	
142	507	Liliana Alves	100raiosteam	03:13:50	+01:41:45	11:24	
143	687	Elvira maria ferreira	Tá -se bem	03:13:57	+01:41:52	11:25	
144	688	marcio hugo mendes	Tá -se bem	03:13:58	+01:41:53	11:25	
145	691	fernando da costa martins	Tá -se bem	03:13:59	+01:41:54	11:25	
146	690	carlos rua ferreira	Tá -se bem	03:13:59	+01:41:54	11:25	
147	537	Fátima Lopes	Bravos e Bravitas	03:14:29	+01:42:24	11:26	
148	536	Dorinda Gomes	Bravos e Bravitas	03:14:59	+01:42:54	11:28	
149	669	MARIA DO CARMO ARAGÃO DOS SANTOS	Mirandela a Correr Parque Vale do Tua	03:16:57	+01:44:52	11:35	
150	539	Sílvia Ferreira	Bravos e Bravitas	03:21:36	+01:49:31	11:52	
151	535	Paula Santos	Bravos e Bravitas	03:23:12	+01:51:07	11:57	
152	698	Marta Cabral	Individual	03:24:43	+01:52:38	12:03	
153	633	Carlos Vasconcelos	Individual	03:27:02	+01:54:57	12:11	
154	601	Carla Sofia Monteiro Rodrigues Claro Nogueira	Individual	03:38:33	+02:06:28	12:51	
155	693	Berta Ferreira	Valongo Trail Team	03:39:18	+02:07:13	12:54	
156	603	Ana Marcelino	Individual	03:39:26	+02:07:21	12:54	
157	611	Helder Marques	Caldas de São Jorge Sport Clube	03:39:27	+02:07:22	12:55	
158	587	Daniel Sousa Chaves	Individual	03:40:30	+02:08:25	12:58	
159	558	Joana Batista Ribeiro	Clube Atlético de Macedo de Cavaleiros	03:56:08	+02:24:03	13:53	
160	600	Sílvia Ferreira	Individual	04:02:05	+02:30:00	14:14	
161	581	Joana Alves	Individual	04:02:07	+02:30:02	14:15	
162	697	Sandra Gomes	Durius AC Pesqueira	04:13:07	+02:41:02	14:53	
163	592	Luís Pereira	Individual	04:18:26	+02:46:21	15:12	
164	605	Raquel Luísa Sá	Individual	04:41:49	+03:09:44	16:35	
165	707	Ângelo Costa	CTM VILA POUCA DE AGUIAR	04:42:21	+03:10:16	16:37	
166	706	Estefânia Pinto	CTM VILA POUCA DE AGUIAR	04:42:21	+03:10:16	16:37	

Trail Curto**17 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

8	507	Liliana Alves	100raiosteam	Veterana F40	03:13:50	+52:07	11:24
9	600	Silvia Ferreira	Individual	Veterana F40	04:02:05	+01:40:22	14:14

Veterana F45

1	555	Paula Adagoi	CHAVES RUNNING TEAM	Veterana F45	02:37:25		09:16
2	519	Joana Reis	AMA-Mondim Atletismo	Veterana F45	02:47:41	+10:16	09:52
3	535	Paula Santos	Bravos e Bravitas	Veterana F45	03:23:12	+45:47	11:57
4	698	Marta Cabral	Individual	Veterana F45	03:24:43	+47:18	12:03
5	601	Carla Sofia Monteiro Rodrigues Claro Nogueira	Individual	Veterana F45	03:38:33	+01:01:08	12:51

Veterana F50

1	606	Sandra Chaves	Individual	Veterana F50	02:37:25		09:16
2	687	Elvira maria ferreira	Tá -se bem	Veterana F50	03:13:57	+36:32	11:25
3	537	Fátima Lopes	Bravos e Bravitas	Veterana F50	03:14:29	+37:04	11:26
4	536	Dorinda Gomes	Bravos e Bravitas	Veterana F50	03:14:59	+37:33	11:28
5	539	Sílvia Ferreira	Bravos e Bravitas	Veterana F50	03:21:36	+44:10	11:52
6	693	Berta Ferreira	Valongo Trail Team	Veterana F50	03:39:18	+01:01:53	12:54
7	603	Ana Marcelino	Individual	Veterana F50	03:39:26	+01:02:01	12:54
8	697	Sandra Gomes	Durius AC Pesqueira	Veterana F50	04:13:07	+01:35:42	14:53
9	605	Raquel Luísa Sá	Individual	Veterana F50	04:41:49	+02:04:23	16:35

Veterana F55

1	577	Maria carriço	Espigueiros runners-caparrosinha	Veterana F55	02:48:31		09:55
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Veterana F60

1	669	MARIA DO CARMO ARAGÃO DOS SANTOS	Mirandela a Correr Parque Vale do Tua	Veterana F60	03:16:57		11:35
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Veterano M40

1	541	Bruno Silva	Bravos e Bravitas	Veterano M40	01:38:34		05:48
2	572	Licínio Nascimento	Durius AC Pesqueira	Veterano M40	01:39:00	+00:26	05:49
3	520	Gonçalo Torres	AMA-Mondim Atletismo	Veterano M40	01:39:33	+00:59	05:51
4	573	Rogério Guterres Proença	Durius AC Pesqueira	Veterano M40	01:44:27	+05:53	06:09
5	552	Carlos Carvalho	Caminheiros Paços	Veterano M40	01:45:53	+07:18	06:14
6	565	Jorge Moreira	DAMIRA TRAIL TEAM	Veterano M40	01:57:42	+19:08	06:55
7	678	Nelson Silva	Núcleo de atletismo de Vila Real	Veterano M40	02:01:07	+22:32	07:07
8	543	João Santos	Bravos e Bravitas	Veterano M40	02:01:48	+23:14	07:10
9	613	Leonel Freitas	Individual	Veterano M40	02:02:01	+23:26	07:11

Trail Curto**17 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

10	670	MARCO PAULO RAMOS DOS SANTOS	Mirandela a Correr Parque Vale do Tua	Veterano M40	02:02:42	+24:07	07:13
11	502	Nuno Lima Leite	#péligeiro	Veterano M40	02:02:55	+24:20	07:14
12	676	Bruno Peixoto	Núcleo de atletismo de Vila Real	Veterano M40	02:07:30	+28:56	07:30
13	651	Eduardo Pereira	Linces do Marão	Veterano M40	02:07:58	+29:24	07:32
14	503	Rui Mendes	#péligeiro	Veterano M40	02:08:17	+29:42	07:33
15	560	Emídio Quinteira	Clube de Trail do Alvão	Veterano M40	02:08:29	+29:54	07:33
16	521	Pedro Maio	AMA-Mondim Atletismo	Veterano M40	02:12:18	+33:43	07:47
17	643	Humberto Dias	JD studio fitness	Veterano M40	02:13:24	+34:49	07:51
18	542	Hugo Teixeira	Bravos e Bravitas	Veterano M40	02:15:05	+36:30	07:57
19	677	Jorge Amílcar	Núcleo de atletismo de Vila Real	Veterano M40	02:15:38	+37:03	07:59
20	544	Pedro Custódio	Bravos e Bravitas	Veterano M40	02:16:38	+38:04	08:02
21	616	Pedro Miguel Ferreira	Individual	Veterano M40	02:20:35	+42:00	08:16
22	567	Bruno Figueiredo	De Mal a Pior!	Veterano M40	02:27:54	+49:20	08:42
23	501	José Rui Bastos	#péligeiro	Veterano M40	02:29:23	+50:48	08:47
24	615	Nuno Miguel Alves Pereira	Individual	Veterano M40	02:49:43	+01:11:08	09:59
25	608	Alcídio Fernando Coelho Correia	Individual	Veterano M40	03:01:40	+01:23:06	10:41
26	617	Pedro Miguel Tavares e Silva	Individual	Veterano M40	03:12:40	+01:34:06	11:20
27	688	marcio hugo mendes	Tá -se bem	Veterano M40	03:13:58	+01:35:24	11:25
28	611	Helder Marques	Caldas de São Jorge Sport Clube	Veterano M40	03:39:27	+02:00:52	12:55

Veterano M45

1	653	Jorge Costa	Linces do Marão	Veterano M45	01:35:53		05:38
2	563	António Campos	CTM VILA POUCA DE AGUIAR	Veterano M45	01:45:53	+10:00	06:14
3	578	MISTER PR	Espigueiros runners-caparrosinha	Veterano M45	01:56:18	+20:24	06:50
4	679	José Pereira	Núcleo de atletismo de Vila Real	Veterano M45	02:03:36	+27:43	07:16
5	622	marco duarte	Individual	Veterano M45	02:06:35	+30:42	07:27
6	522	Jorge Alves	AMA-Mondim Atletismo	Veterano M45	02:07:36	+31:43	07:30
7	680	Pedro Nunes	Núcleo de atletismo de Vila Real	Veterano M45	02:09:49	+33:56	07:38
8	545	Manuel Almeida	Bravos e Bravitas	Veterano M45	02:10:47	+34:54	07:42
9	652	Carlos Matos	Linces do Marão	Veterano M45	02:20:04	+44:11	08:14
10	683	Ângelo paiva	RUNNERS DO DEMO	Veterano M45	02:21:21	+45:28	08:19
11	546	Paulo Jesus	Bravos e Bravitas	Veterano M45	02:21:27	+45:34	08:19
12	509	Paulo Costa	100raiosteam	Veterano M45	02:22:15	+46:22	08:22
13	646	Ricardo Gil	JD studio fitness	Veterano M45	02:24:42	+48:49	08:31
14	662	Agostinho Melo	Lobos do Brunheiro de Chaves / Anteros	Veterano M45	02:27:32	+51:39	08:41
15	619	Gilberto correia	Individual	Veterano M45	02:29:21	+53:28	08:47
16	620	Luís Miguel Ribeiro	Individual	Veterano M45	02:31:53	+56:00	08:56
17	523	Paulo Rocha	AMA-Mondim Atletismo	Veterano M45	02:32:10	+56:16	08:57
18	574	Fausto José Pereira Neves	Durius AC Pesqueira	Veterano M45	02:39:14	+01:03:21	09:22
19	686	Vítor Branco	Souto Team	Veterano M45	02:44:36	+01:08:42	09:41
20	645	Filipe Rodrigues	JD studio fitness	Veterano M45	02:47:15	+01:11:22	09:50
21	663	Pedro Roxo	Lobos do Brunheiro de Chaves / Anteros	Veterano M45	02:47:32	+01:11:39	09:51
22	618	Carlos Ribeiro	Individual	Veterano M45	02:53:43	+01:17:50	10:13

Trail Curto

17 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

23	695	Vítor Simão Pedroso	Individual	Veterano M45	02:54:30	+01:18:37	10:16
24	699	Hélder Silva	Bravos e Bravitas	Veterano M45	02:58:25	+01:22:32	10:30
25	512	Nuno Couto	A 1a subida mata-me	Veterano M45	03:04:40	+01:28:47	10:52
26	513	Ricardo Sarmento	A 1a subida mata-me	Veterano M45	03:04:41	+01:28:47	10:52
27	624	Nuno SIP	Individual	Veterano M45	03:12:22	+01:36:28	11:19

Veterano M50

1	566	Manuel souza	DAMIRA TRAIL TEAM	Veterano M50	01:52:41		06:38
2	553	Luís Fonseca	Caminheiros Paços	Veterano M50	01:54:23	+01:42	06:44
3	549	João Sousa	Bravos e Bravitas	Veterano M50	02:11:44	+19:03	07:45
4	627	José Macedo	DAMIRA TRAIL TEAM	Veterano M50	02:12:45	+20:04	07:49
5	625	António Dinis	Individual	Veterano M50	02:18:02	+25:21	08:07
6	672	JOÃO PAULO LAGE	Mirandela a Correr Parque Vale do Tua	Veterano M50	02:19:04	+26:23	08:11
7	629	Marco jorge aguiar	Individual	Veterano M50	02:19:11	+26:30	08:11
8	548	João Gomes	Bravos e Bravitas	Veterano M50	02:28:14	+35:33	08:43
9	630	Vitor Pinto	Individual	Veterano M50	02:40:33	+47:51	09:27
10	626	Eduardo Cardoso	Individual	Veterano M50	02:40:33	+47:51	09:27
11	628	Luís Marcelo Gomes Monteiro	Individual	Veterano M50	02:51:41	+59:00	10:06
12	694	João Pinheiro	Valongo Trail Team	Veterano M50	03:09:35	+01:16:54	11:09
13	690	carlos rua ferreira	Tá -se bem	Veterano M50	03:13:59	+01:21:18	11:25

Veterano M55

1	524	José Oliveira	AMA-Mondim Atletismo	Veterano M55	01:52:52		06:38
2	632	Carlos Alves	Individual	Veterano M55	02:12:41	+19:49	07:48
3	551	Marcelo Fernandes	Bravos e Bravitas	Veterano M55	02:17:59	+25:07	08:07
4	631	António rego Carvalho	Individual	Veterano M55	02:20:51	+27:59	08:17
5	526	Armindo Torres Lopes	ARC Vale S. Cosme	Veterano M55	02:28:42	+35:50	08:45
6	550	Joaquim Pinho	Bravos e Bravitas	Veterano M55	02:48:31	+55:39	09:55
7	691	fernando da costa martins	Tá -se bem	Veterano M55	03:13:59	+01:21:06	11:25
8	633	Carlos Vasconcelos	Individual	Veterano M55	03:27:02	+01:34:10	12:11

Veterano M60

1	562	Fernando Vilela	Clube Millennium BCP	Veterano M60	01:52:14		06:36
2	635	Fernando Seabra 20	Individual	Veterano M60	02:01:55	+09:41	07:10
3	557	NORBERTO COSTA	CHAVES RUNNING TEAM	Veterano M60	02:06:08	+13:54	07:25
4	636	Fernando Sousa	Individual	Veterano M60	02:13:34	+21:20	07:51
5	576	ANTÓNIO PEREIRA	Durius AC Pesqueira	Veterano M60	02:26:47	+34:33	08:38
6	634	Alfredo Santos	Individual	Veterano M60	02:32:39	+40:25	08:59
7	700	Pinto Jose	Individual	Veterano M60	02:37:04	+44:50	09:14
8	701	António Pinto	Individual	Veterano M60	02:37:04	+44:50	09:14

Trail Curto**17 KM**LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION**OFFICIAL RESULT**LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

9	554	Artur Morais	CARETOS.OCR	Veterano M60	02:42:37	+50:23	09:34
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TEAM RESULTS - TRAIL CURTO

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	TEAM	DESCRIPTION	POINTS
1	BRAVOS E BRAVITAS	3 + 7 + 11	21
2	AMA-MONDIM ATLETISMO	1 + 5 + 16	22
3	LINCES DO MARÃO	2 + 14 + 30	46
4	DURIUS AC PESQUEIRA	4 + 8 + 50	62
5	DAMIRA TRAIL TEAM	15 + 21 + 52	88
6	NÚCLEO DE ATLETISMO DE VILA REAL	22 + 31 + 38	91
7	LOBOS DO BRUNHEIRO DE CHAVES / ANTEROS	27 + 35 + 36	98
8	MIRANDELA A CORRER PARQUE VALE DO TUA	19 + 26 + 65	110
9	JD STUDIO FITNESS	40 + 54 + 55	149
10	#PÉLIGEIRO	28 + 43 + 91	162
11	100RAIOSTEAM	59 + 75 + 78	212
12	CTM VILA POUCA DE AGUIAR	9 + 165 + 166	340
13	SOUTO TEAM	114 + 115 + 116	345
14	TÁ -SE BEM	143 + 144 + 145	432